

TOOLBOX TALKS

Heights

What is working at heights?

Any work where falling from one level to another may result in harm (e.g. falling in a work area used as a path for a wheelbarrow or similar equipment, falling into operating machinery and in any case, any work at a height that is greater than 1.8 meters from the next level below)



DO

- As much work as possible from the ground
- Training and be authorised to work at heights
- Inspect equipment before use
- Maintain three-point contact when climbing a ladder
- Practice good housekeeping, tripping, or slipping may lead to falling from heights
- Operate Mobile Elevated Work Platform (MEWPs) on level, flat and stable ground

DON'T

- Use a damaged safety harness
- Use a defective ladder
- Carry tools in hand when climbing a ladder
- Use Mobile Elevated Work Platform or MEWPs in highly windy conditions
- Let anyone who is not competent (who does not have the skills, knowledge, and experience to do the job) work at heights

DISCUSSION

Questions from staff

Comments by staff

Suggestions from staff

TOOLBOX TALK ATTENDANCE REGISTER

Date		Facilitator Name:	
Site/Department:		Facilitator Signature:	
Topic:			

The information in this document had been explained to me and I understand the content

Emp Name	Emp No	Signature	Emp Name	Emp No	Signature