

TOOLBOX TALKS

Covid 19 – Good Hygiene Practices

Avoid touching your face, the virus enters the body through eyes, nose, and mouth.

Cover your cough or sneeze with a flexed elbow or a tissue, then throw the tissue in the bin.



COVER your mouth and nose with a tissue when you cough or sneeze.



Put your tissue in the bin.



If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, NOT HANDS.



WASH your hands with soap and running water. Dry your hands thoroughly with a disposable paper towel.

If you suspect that you may have Covid-19, please visit: <https://sacoronavirus.co.za/>

DISCUSSION

Questions from staff

Comments by staff

Suggestions from staff

TOOLBOX TALK ATTENDANCE REGISTER

Date		Facilitator Name:	
Site/Department:		Facilitator Signature:	
Topic:			

The information in this document had been explained to me and I understand the content

Emp Name	Emp No	Signature	Emp Name	Emp No	Signature