

TOOLBOX TALKS

Covid 19 – Washing of Hands

Precautionary Measures

Wash hands frequently with soap and water for at least 20seconds using the hand washing technique as indicated below.

If soap and water are not readily available, use the provided 70% alcohol-based hand sanitizer



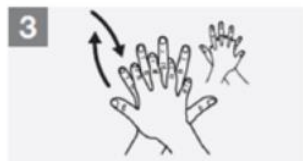
Remove all jewelry.
Wet hands with water



Apply soap, covering all
hand surfaces



Rub hand palm to palm



Right palm over back left
with interlaced fingers and
vice versa



Cover all surfaces of the
hands and rub between
the fingers



Clean knuckles, back of
hands and fingers



Rub thumbs in a rotating
manner and clean between
index finger and thumb



Clean the fingernails by
working the fingertips into
the palms



Rinse well with water



Dry your hands with a
disposable towel



Use the towel to turn off
the tap



Your hands are now safe

If experiencing any of these symptoms call your doctor or Coronavirus Hotline Number **0800029999** immediately. Do not come into work, inform your line manager via telephone.

DISCUSSION

Questions from staff

Comments by staff

Suggestions from staff

TOOLBOX TALK ATTENDANCE REGISTER

Date		Facilitator Name:	
Site/Department:		Facilitator Signature:	
Topic:			

The information in this document had been explained to me and I understand the content

Emp Name	Emp No	Signature	Emp Name	Emp No	Signature